

## Lesson Plan for Character and Citizenship Education

### Environmental Education: Cleanliness

| Target Level             | S1 – S5   | Duration   | 50mins |
|--------------------------|---|--|--------|
| <b>Learning Outcomes</b> | <p>LO2: Act with integrity and make responsible decisions that uphold moral principles</p> <p>LO3: Acquire social awareness and apply interpersonal skills to build and maintain positive relationships based on mutual respect</p> <p>LO5: Take pride in our nation identity, have a sense of belonging to Singapore and be committed to nation-building</p> <p>LO7: Care for others and contribute actively to the progress of our community and nation</p> <p>LO8: Reflect on and respond to community, national and global issues, as an informed and responsible citizen</p> |  |        |
| <b>Lesson Objectives</b> | <b>Knowledge</b>  | <p><b>Active citizen</b></p> <ul style="list-style-type: none"> <li>• Understand how everyone has a part to play in enhancing Singapore’s cleanliness standard</li> <li>• Know that it is important to keep Singapore clean to achieve a truly clean city</li> </ul> <p><b>Caring for the community</b></p> <ul style="list-style-type: none"> <li>• Understand that a caring person appreciates and respects the effort of cleaners who are helping to keep Singapore clean</li> <li>• Understand how one’s contributions can have a positive influence on others</li> </ul>  |        |
|                          | <b>Skills</b>   | <p><b>Responsible decision making</b></p> <ul style="list-style-type: none"> <li>• Evaluate the impact and consequences of one’s decisions and actions</li> </ul> <p><b>Moral reasoning</b></p> <ul style="list-style-type: none"> <li>• Have moral courage to make the right decision to exert positive influence on others</li> </ul> <p><b>Relationship management skills</b></p> <ul style="list-style-type: none"> <li>• Use communication and interpersonal skills to influence others to do the right thing while maintaining healthy relationships</li> </ul> <p><b>Reflection</b></p> <ul style="list-style-type: none"> <li>• How one’s considerate action can better contribute to the well-being of the environment and others</li> <li>• Identify opportunities and ways to overcome cleanliness-related challenges that come with changes</li> </ul> |        |

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|--|---|---|
|  | <b>Values</b>   | <p><b>Integrity</b> and moral courage in standing up for what is right</p> <p><b>Be considerate</b> towards cleaners and other users of shared community spaces such as hawker centres, bus stops, parks, stadium, void decks, common corridors and others</p> <p><b>Responsibility</b> in keeping shared community spaces clean</p> <p><b>Responsibility</b> in making an informed decisions</p> |
|  | <b>Attitudes</b>  | <p>Empathy for others in the community</p> <p>Being appreciative of others' efforts in keeping Singapore clean</p> <p>Belief and confidence that one can make a difference</p> <p>Recognise that one's behaviour impacts others</p>   |
| <b>Big Idea</b>  | Identity; Relationships; and Choices  |   |
| <b>Key Questions:</b><br><i>Identity</i><br><i>Relationships</i><br><i>Choices</i> | <ul style="list-style-type: none"> <li>• What are our roles in ensuring that everyone enjoys clean shared community spaces?</li> <li>• How can we work together to ensure that our shared community spaces are clean for everyone to enjoy?</li> <li>• How would my actions affect the people around me?</li> <li>• How are the choices I make good for others and me?</li> </ul> |   |
| <b>Resources</b>   | Handouts 1, 2 and 3   |   |
| <b>Assessment</b>  | Self – Behavioural Indicators   |   |
| <b>Possible Values in Actions (VIA) Activities</b>                                 | Clean Singapore Learning Trail (Beaches) and Keep Singapore Clean Movement in Schools ( <b>Annex A</b> )  |   |
| <b>Additional Readings</b>   | <p>Handout 4 and 5</p> <p><a href="http://www.straitstimes.com/singapore/biggest-rubbish-dump-grows-bigger">http://www.straitstimes.com/singapore/biggest-rubbish-dump-grows-bigger</a></p> <p><a href="https://www.straitstimes.com/opinion/coming-clean-about-being-a-cleaned-city">https://www.straitstimes.com/opinion/coming-clean-about-being-a-cleaned-city</a></p>        |   |

| Time    | Activity  | Resources   |
|---------|---|---|
| 10 mins | <ul style="list-style-type: none"> <li>• Divide students into groups of 6</li> <li>• Refer to <b>Handout 1</b></li> <li>• Each student in a group select 1 of the 6 photos in the handout and discuss the following points: <ul style="list-style-type: none"> <li>- What is the main issue depicted by the photo?</li> <li>- Who may be responsible?</li> <li>- What are the consequences of the issue?</li> <li>- How can I contribute to resolve this problem?</li> <li>- How can we help others learn about this community concern?</li> <li>- How can we inspire others to make a difference?</li> </ul> </li> </ul>   | Handout 1: I am an Environmental Detective  |
| 10 mins | <ul style="list-style-type: none"> <li>• After the activity, invite students to extend their sharing with the class. Include these pointers during the class discussion: <ul style="list-style-type: none"> <li>- Any personal stories related to the photos</li> <li>- Possible alternative choices that people could make in relation to each photo</li> <li>- Who gets affected by each situation? How do they get affected?</li> </ul> </li> <li>• The activity is meant to show that the everyday act of throwing rubbish into the bin is part of a decision-making process.</li> </ul>  |   |
| 10 mins | <ul style="list-style-type: none"> <li>• Teachers refer to <b>Handout 2</b> and read out the questions to the students</li> <li>• Students to brainstorm the answers for each question in groups</li> <li>• Questions are formulated to nudge student to get ‘behind-the-scenes’ of what it takes to keep clean Singapore clean</li> <li>• After their brainstorming session, invite the class to share their answers. Teachers may refer to the suggested ‘nudge point’ to get the class thinking about their answers.</li> <li>• Teachers may wish to show the documentary video on comparison between Singapore and Taipei’s state of cleanliness and how Taiwanese take ownership of their environment. This will help to further evoke their emotions and instil pride in them for the environment.</li> </ul> | Handout 2: Behind-the-Scene of a Clean Singapore<br><br>Video Link:<br>"I Care to Clean - Schools"<br><a href="https://youtu.be/6N6NeZ3Rqv4">https://youtu.be/6N6NeZ3Rqv4</a> |
| 15 mins | <ul style="list-style-type: none"> <li>• Refer to <b>Handout 3</b> for assessment/debrief</li> <li>• Reflection: Review the Key Questions – emphasis should be on the role of the individual to keep Singapore Clean <ul style="list-style-type: none"> <li>- How can I help Singapore move from being a ‘cleaned city to a truly clean city’?</li> <li>- How can I help friends and family understand the consequences of littering?</li> <li>- How can I inspire others to make a difference and understand that everyone plays an important role in keeping Singapore clean?</li> <li>- How can I be an advocate for a clean Singapore?</li> </ul> </li> </ul>   | Handout 3: Article – Help Singapore go from ‘cleaned city to truly clean city’  |

## **Values in Action (VIA) Activities that School Can Take Part in**

### **Clean Singapore Learning Trail (Beaches)**

Taking part in a beach clean-up is one way to keep the beaches and the environment healthy for everyone to enjoy. To promote VIA for students to care for the beaches, the Clean Singapore Learning Trail (Beaches) encourage students to:

- Understand the importance of taking ownership of our beaches,
- Reflect on how their own habits and actions affect Singapore's cleanliness &
- Inspire participants to take responsibility by cleaning the beach for all to enjoy.

You can be part of the Clean Singapore Learning Trail (Beaches and Parks) by signing up here :

<https://www.eportal-stg.nea.gov.sg>

### **Keep Singapore Clean Movement in Schools – Create a 'Bright Spot' (Within and beyond school compound)**

'Bright Spot' (Within school compound): A school that believes in taking ownership of cleanliness and leads by example to encourage good cleanliness practices within its own compound. Students, guided by teachers, will propose ways to take ownership of cleanliness in their school compound.



'Bright Spot' (Beyond school compound): A school that believes in taking the extra mile and leads by example to encourage good cleanliness practices beyond its school compound. Student and staff could be encouraged to widen their scope of their involvement in the community where students take ownership of its cleanliness for instance, in nearby neighbourhood blocks, at parks, etc.

For more information and resources, please visit <http://www.publichygienecouncil.sg> or contact [ask@publichygienecouncil.sg](mailto:ask@publichygienecouncil.sg)

### **Keep Singapore Clean Movement in Schools - Tray Return Outreach**

The Tray Return Outreach encourages hawker centre patrons to return their crockery and utensils at designated tray return areas. Returning our own tray and crockery is an act of social graciousness towards hawkers, cleaners and other patrons. This gracious habit also allows the next patron to get a table easily and eat in a more hygienic and cleaner environment.

You can initiate a tray return outreach by adopting a hawker centre near your school. For more information, please contact [ask@publichygienecouncil.sg](mailto:ask@publichygienecouncil.sg)

I am an Environmental Detective



### Behind-the-Scenes of Keeping Singapore Clean

Do you think that Singapore is clean and litter-free?

[Nudge points]

- Singapore has the reputation of being one of the cleanest cities in the world, but is Singapore really clean? How can Singapore be clean and litter-free city?

What do I understand about 'littering'?

[Nudge points]

- After you have consumed your food and you leave behind your food packet on the park bench or void deck bench, is that considered as littering?
- If you do not see any rubbish bin around and you throw your rubbish into the recycling bin, is that considered as littering?  
{Hint: No, it is contamination of recyclables and potentially would make the recyclables no longer suitable to be recycled.}
- I had intended to throw my rubbish into the bin but it missed the mouth of the bin and dropped to the ground, is that considered as littering? More insights into littering in Singapore, as well as specific youth responses to the issue can be found in the *Sociological Study on Littering in Singapore*  
<https://www.publichygienecouncil.sg/docs/default-source/default-document-library/towards-a-cleaner-singapore-%28final%29.pdf>

If I see someone littering, what would I do?

[Nudge points]

- How do you show that you do not condone his/her actions?
- If the person is your own friend or family members, what would you do?

Who is responsible for keeping Singapore clean?

[Nudge points]

- If students answer the following groups of people;
  - Cleaners – Did you know that we have approximately 58,000 cleaners in Singapore<sup>1</sup>? Have you observed the profile of cleaners? How do you feel seeing these groups of people cleaning up after you?
  - Government – Instead of allocating resources to clean up after us, do you think the government can better utilise these limited resources for other uses for e.g. upgrading / improving infrastructure?
  - How can you as an individual take responsibility to keep Singapore clean?
  - How can you advocate for a clean Singapore to your community/people around you?

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<sup>1</sup> Opinion article by Mr Edward D'Silva on The Straits Times

<https://www.straitstimes.com/opinion/coming-clean-about-being-a-cleaned-city>



### Help Singapore go from 'cleaned city to truly clean city': PM Lee

SINGAPORE - Prime Minister Lee Hsien Loong on Wednesday called on Singaporeans to pick up their own litter so that Singapore can progress from being a "cleaned city to a truly clean city".

He singled out litterbugs who attended a music festival last Saturday and left the venue strewn with plastic bags and other rubbish.

In a Facebook post, Mr Lee put up a photograph of the Meadow at the Gardens by the Bay, which was covered by litter after some 13,000 people attended the 2015 Laneway Music Festival last weekend.



He contrasted this behaviour with that of Myanmar's football fans, who were seen picking up litter at the National Stadium even after their team lost to Singapore during the AFF Suzuki Cup in November.

"It takes continuous effort to keep Singapore clean. We need to progress from being a cleaned city to a truly clean city," wrote Mr Lee.

"All of us can play a part - picking up our own litter, educating our children and grandchildren, and reminding others to do the right thing. Visit the Public Hygiene Council's page to find out how you can help."

Since April 2014, penalties for littering have become twice as harsh.

Offenders face a maximum fine of \$2,000 for the first conviction, \$4,000 for the second conviction and \$10,000 for the third and subsequent convictions.

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